



Russian Cycle Touring Club

Moscow – St. Petersburg

“Three capitals of Russia”

International comfort bicycle tour

500 km / 320 ml

Itinerary

Day	Route	Distance Km/ml	Sightseeing
1.	Arrival in Moscow	0	Moscow (evening city walk)
2.	Transfer to Mednoe Volga	40/25	Mednoe Memorial Complex
3.	Volga – Staritsa - Rzev	105/65	Assumption monastery in Staritsa http://en.wikipedia.org/wiki/Staritsa
4.	Rzev – Selizharovo Bus to Lake Sig	100/60	
5.	Lake Sig – Lake Seliger	50/30	Lake Seliger http://en.wikipedia.org/wiki/Lake_Seliger
6.	Bus to Demiansk Staraya Russa	95/60	Museum of F. Dostoevsky, spa resort http://en.wikipedia.org/wiki/Staraya_Russa
7.	Staraya Russa - Veliky Novgorod	110/70	Open-air museum of wooden architecture "Vitoslavitsy", city-tour in Novgorod, Kremlin http://www.novgorod.ru/english.php End of cycling part. Farewell dinner.
8.	Transfer to St. Petersburg	0	City-tour in St. Petersburg
9.	St. Petersburg	0	Hermitage and Peterhof (optional) or free time
10.	St. Petersburg Departure	0	

The itinerary is subject to change