



THE GOLDEN RING OF RUSSIA
International adventure bicycle tour
530 km / 330 ml
ITINERARY

Day	Route	Tour program	Cycling, km/miles	Accommodation
1.	Moscow	Arrival Walking tour of Moscow Dinner	-	Hotel
2.	Transfer to Rostov, Borisoglebsky	City tour in Rostov. (Kremlin) Borisoglebsky monastery	20/12	Hotel
3.	Uglich	City tour in Uglich. (Kremlin, museum of Russian Vodka)	82/51	Cabin
4.	Myshkin	City tour in Myshkin (Valenki (wool boot) museum, mill)	45/28	Cabin
5.	Rybinsk, Demino	City tour in Rybinsk (flooding town museum)	60/37 (3 km of dirt road)	Hotel
6.	Ust'e	City tour in Tutaev	65/40	Cabin
7.	Vjatskoe	Tour in Vjatskoe	65/40	Hotel
8.	Kostroma	City tour in Kostroma (the Outdoor museum of Wooden Architecture & Peasant Life)	60/37 (7 km of sand road)	Hotel
9.	Ples	Museum of Russian house. Folklore program.	60/37 (2 km of sand road)	Motel
10.	Bus transfer Cycling to Suzdal	City tour in Suzdal (Kremlin, Spaso-Ephimy monastery, mead tasting) Farewell dinner	35/22	Guest house
11.	Bogolubovo Transfer to Moscow	City tour in Suzdal, The Church of Intercession on the Nerl in Bogolubovo.	35/22 (5 km of dirt road)	Hotel
12.	Moscow	Departure	-	

Banya (Russian steam bath) is available in all cabin accommodation

The itinerary is subject to change