



**THE GOLDEN RING OF RUSSIA**  
**International adventure bicycle tour**  
**700 km / 430 ml**  
**ITINERARY**

| Day | Route                             | Tour program  | Cycling, km/mile                 | Accommodation |
|-----|-----------------------------------|---|----------------------------------|---------------|
| 1.  | Moscow, arrival                   | Moscow (evening city walk), Red Square  | -                                | Hotel         |
| 2.  | Transfer to Rostov, Borisoglebsky | City tour in Rostov. Kremlin, Enamel factory, Borisoglebsky monastery                 | 25/15                            | Camp          |
| 3.  | Uglich                            | City tour in Uglich. Meeting Volga. Kremlin, museum of Russian Vodka                  | 90/55                            | Cabin         |
| 4.  | Myshkin                           | City-tour in Myshkin (Valenki (wool boot) museum, windmill)                           | 50/30                            | Cabin         |
| 5.  | Rybinsk                           | City-tour in Rybinsk (Mologa flood museum)  | 65/40                            | Hotel         |
| 6.  | Jaroslavl                         | City-tour in Tutaev   | 70/40                            | Cabin         |
| 7.  | Nekrasovskoe                      | City-tour in Yaroslavl (optional)<br>City-tour in Nekrasovskoe                        | 85/55                            | Cabin         |
| 8.  | Kostroma                          | City tour in Kostroma (the Outdoor museum of Wooden Architecture & Peasant Life)      | 60/35                            | Cabin         |
| 9.  | Shuya                             | Jewellery factory   | 100/65<br>(25 km of gravel road) | Camp          |
| 10. | Suzdal                            | Picnic on lake Rubskoe, farewell dinner   | 110/70                           | Cabin         |
| 11. | Vladimir<br>Transfer to Moscow    | City-tour in Suzdal, The Church of Intercession on the Nerl in Bogolubovo (optional). | 40/25<br>(5 km of dirt road)     | Hotel         |
| 12. | Moscow                            | Departure   | -                                |               |

Banya (Russian steam bath) is available almost in all cabin accommodation

**The itinerary is subject to change**