



Russian Cycle Touring Club

Moscow – St. Petersburg

“Three capitals of Russia”

International Adventure bicycle tour

700 km / 440 ml

Itinerary

Day	Route	Distance Km/ml	Sightseeing	Accommodation
1.	Arrival in Moscow	0	Moscow (evening city walk)	Hotel
2.	Train to Chismena Rozhdestvo	85/55 (10 km of dirt road)	Joseph-Volokolamsk Monastery http://en.wikipedia.org/wiki/Joseph-Volokolamsk_Monastery	Cabin
3.	Rozhdestvo – Staritsa - Rzev	115/70	Museum in Stepurino. Assumption monastery in Staritsa http://en.wikipedia.org/wiki/Staritsa	Hotel
4.	Rzev – Lake Volgo	115/70	Lake Volgo	Camp
5.	Lake Volgo – Lake Seliger	70/43	Lake Seliger http://en.wikipedia.org/wiki/Lake_Seliger Boat trip	Cabin
6.	Bus to Demiansk Staraya Russa	95/60	Museum of F. Dostoevsky, spa resort http://en.wikipedia.org/wiki/Staraya_Russa	Hotel
7.	Staraya Russa - Veliky Novgorod	110/70	Open-air museum of wooden architecture "Vitoslavitsy", city-tour in Novgorod, Kremlin http://www.novgorod.ru/english.php	Hotel
8.	Vel. Novgorod - Oredez	100/60 (30 km of gravel road)		Cabin
9.	Train to St. Petersburg	20/10	Bike city-tour in St. Petersburg Farewell dinner	Hostel (hotel is optional)
10.	St. Petersburg Departure	0		

The itinerary is subject to change.